



### Activity First Aid Kit Contents (vehicle/camp)

v04.17

Description	Qty	Check	Required
First Aid booklet/instructions (including CPR)	1		
Notebook & pen/pencil	1		
Resuscitation mask	1		
Nitrile powder free blue gloves (2 pack)	5		
Gauze swab 7.5cmx7.5cm (3 pack)	5		
Saline eye wash 15ml (steri-tube)	10		
Wipes – Antiseptic sachets	10		
Wipes – Alcohol sachets	10		
Band-aids (50 pack)	1		
Splinter probes (5 pack)	2		
Tweezers	1		
Scissors	1		
Safety pins (12 pack)	1		
Transparent/paper tape 2.5cmx5m	1		
Antiseptic spray 50ml	1		
Non-adherent dressing 5cmx5cm	6		
Non-adherent dressing 7.5cmx10cm	3		
Non-adherent dressing 10cmx10cm	1		
Conforming bandage 5cmx1.5m	3		
Conforming bandage 7.5cmx1.5m	3		
Crepe bandage 10cmx4m (or <i>Setopress</i> bandage option)	2		
# 14 Wound dressing	1		
# 15 Wound dressing	1		
Combined dressing 10cmx20cm	1		
Combined dressing 10cmx10cm (optional)	1		
Triangular bandage 110cmx110cm	2		
Survival/thermal blanket	1		
Eye pad - sterile (single use)	4		
Burn gel sachet 3.5ml	5		
Instant ice pack (small)	1		
Basic dressing pack	1		
Disposable plastic bags / waste bags (plastic zip-top, varied)	5		
Sharps container - small (10 needle) (small hard plastic sealable container/jar) (optional)	1		
Butterfly closers (10 pack) (optional)	1		
Fingertip/knuckle band-aids (12pack) (optional)	1		
Paracetamol (50 pack) (optional)	1		
Aspirin (optional)	12		

*\*Minimum requirements for Australian Industry Standards (excluding the optional items listed)*